



★ *Destination* GUIDE ★

Naples to Salerno

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- ① NAPLES
- ② SORRENTO
- ③ CAPRI
- ④ POSITANO
- ⑤ AMALFI
- ⑥ RAVELLO
- ⑦ SALERNO

AMALFI COAST

No matter how experienced you are, yachting in Amalfi will take your breath away. Ragged cliffs with wild, empty places separate picture-postcard towns. Convents, villas, and castles clinging to the rock face, are strung together by a notorious road of hairpin curves. Dazzling white yachts decorate the cobalt sea. This ancient maritime republic deserves its reputation as the beloved getaway of the discriminating and the decadent, of artists, merchants and kings. Dine al fresco in Positano's harbor of head-turning yachts. Dive the blue, green and white grottos of Capri. Be lulled by concertos in Ravello's gardens. In Amalfi, celebrate the sunset from St. Francis' 13th century veranda. Prepare for a divinely sensual journey.



Naples

Caravaggio oils and Bernini marbles are as much the essence of Naples as the narrow alleys and iffy neighborhoods in this city of contrasts. The Piazza dei Martiri in Chiaia is ground zero for haute couture, fine art galleries and nightlife. Stroll through the iconic Galleria Umberto 1 to reach the San Carlo Opera House for an evening concert. Nearby Ischia, the “Green Island”, is renowned for breathtaking scenery and therapeutic spas with thermal waters and muds rich in mineral content. Tiny, manicured, and fragrant Isola di Procida was the decadent retreat of the ancient patrician class. Sip a limoncello at an outdoor café. Try a flight of Campania wines at an intimate bar. Fall in love with the Neopolitan *gioia di vivere*.

Restaurant Il Comandante (dinner only) — www.romeohotel.it

Grand Hotel Parker's — www.grandhotelparkers.it

“A snorkeling adventure at The Gaiola Underwater Park in the Gulf is a unique experience the whole family will enjoy. Marine life thrives in submerged ruins of an ancient Roman town. You will see octopi living in the ruins and shoals, Rainbow Wrasses, Blue Damsels, and moray eels hiding in an ancient fishpond.”

— Captain Bill Armstrong



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“The rock of Vervece, off the port of Sorrento, is a rare islet in the Marine Protected Area of Punta Campanella. Groupers, Scorpion Fish, octopus, red sea fans, red Castagnole, Thrushes, Damsels, urchins and Serranidae live here. At 12 meters you can see the bronze statue of the Madonna of Vervece, glorified by a lovely underwater procession on the second Sunday of September.”

— Captain Tony Oliveri

Sorrento

The 19th century French novelist, Stendhal, simply yet eloquently described Sorrento as the most beautiful place on earth. The town sprawls across a cliff top overlooking the sea. The eastern half of town caters almost exclusively to tourists, with fancy hotels, fine restaurants and pricy shops squeezed side by side along the Via Correale. The more residential western half of town, with the ancient Piazza Tasso at its core, is an enchanting maze of winding lanes, colorful buildings with wrought iron balconies, artisan workshops and back street pubs. For an authentic taste of Sorrento, La Favorita restaurant seats patrons in the lush, tropical greenery of a 19th century Victorian conservatory.

Ristorante La Favorita o Parrucchiano — www.parrucchiano.com

L'Antica Trattoria — www.lanticatrattoria.com

Il Buco — www.ilbucoristorante.it

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“Nerano is a tiny mountain village where the islanders of Capri go to dine in family-run restaurants with ocean views. Food is made using local recipes and methods generations old. Vegetables come from the kitchen gardens, fish are caught that morning by locals, and excellent wines are made in the Lattari Mountains.”

— Captain “Bernie” Vaughn

Capri

Nothing compares to yachting around Capri. The jagged coast is a paradise for snorkeling and diving, with deep coves, conical Faraglioni rocks and shimmering blue, green and white grottos. Emperor Augustus called Capri the “City of Sweet Idleness”. Sitting at a sidewalk café on the famous Piazzetta in Capri Town with a canoli topped cassata is sweet indeed. Ascend 902 ft. above sea level to explore Anacapri’s historic villas and elegant walking streets, and higher still to reach the Capri Palace Hotel. Relax and rejuvenate at this exclusive sanctuary. Nightlife begins with chilled champagne at the Hotel Quisisana’s Krug Room, a VIP experience bar none. Dock at the glamorous Porto Turistico di Capri amidst celebrity yachts, or drop anchor in a romantic, secluded cove.

Porto Turistico di Capri, Marina — www.portoturistodicapri.com

Quisisana Hotel & Spa — www.quisisana.com

Capri Palace Hotel & Spa — www.capripalace.com/en

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Positano

Approaching Positano by yacht is a privileged experience. Iconic superyachts crowd the harbor and dwarf the brightly painted fishing boats. Pretty pastel houses climb the hills. Three imposing ancient towers, Fornillo, La Trasita, and La Sponda, divide the landscape. To the east of La Trasita is the main harbor, the town center, and Spaggia Grande beach, which turns up the party volume after 3pm. Visit the Black Madonna at the Church of Santa Maria Assunta. Shop at couture designer Antonello della Mura's for stunning silk apparel. For lunch, cruise to the Michelin starred restaurant at Il San Pietro Hotel, a major stopping spot for yachts. In the evening, rendezvous at the Champagne & Oyster Bar at Le Sirenuse for the Spumante, the seafood tower and the sunset.

Antonello della Mura, Via del Saracino 36

Il San Pietro Hotel — www.ilsanpietro.it/en

La Sirenuse Hotel — www.sirenuse.it/en

“A hike on the Sentiero degli Dei (God's Pathway), from Agerola to Nocelle, high on the slopes of Monte Peruso, makes a thrilling half day. It's an easy, four mile hike along an ancient mule track, except the last bit, which involves descending a couple thousand stairs to reach Arienzo beach where the tender is waiting. If you have vertigo don't go.”

— Captain Carlo Como

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“On the road towards Salerno you will find the entrance elevator to reach the Luna Convento Hotel, constructed high atop a rocky promontory. St Francis chose this conspicuous spot for his convent in 1222. For the last 170 years, the Barbaro family has welcomed such esteemed guests as Richard Wagner, and Henrik Ibsen, who wrote *A Doll's House* here.”

— Captain Bill Armstrong

Amalfi

This is a medieval city of such enchantment it became the namesake of the entire, magnificent coast. The Plaza del Duomo is the animated nexus of locals and visitors, featuring the artistically astonishing cathedral at center. Admire the complex exterior from a shaded café. Poke about little souvenir shops tucked into narrow lanes. Discover Amalfi's numerous medieval religious buildings adapted to serve as posh hotels. The 16th century Monastero Santa Rosa Hotel is a retreat of absolute calm with plush spa facilities and dining with spectacular views. For sunset cocktails and canapés, the view from the Grand Hotel Convento di Amalfi is superb. This 13th century complex includes the original chapel, cloister, gardens and the beautiful Passeggiata dei Monaci promenade.

Grand Hotel Convento di Amalfi — www.ghconventodiamalfi.com

Monastero Santa Rosa Hotel — <http://monasterosantarosa.com>

Hotel Luna Convento Restaurants — www.lunahotel.it

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Ravello

Imagine the view from fragrant formal gardens cultivated 1,200 feet above sea level. Ravello is romantic, serene and exquisite, a mosaic of churches and palaces, narrow streets and lush gardens. The town is the cultural capital of the Amalfi Coast and the summer residence of artists both known and obscure. Throughout the summer, The Festival of Ravello, dedicated to Wagner, and the Ravello Concert Society present performances and exhibits in settings that include the 13th century Villa Rufolo and the iconic Annunziata Church. From the magnificent 11th century Cathedral, walk up the tree-shaded street past flowering gardens to the Hotel Villa Maria. The restaurant with dramatic views has acclaimed fare, which you can learn to cook with Norna Orsola during her three hour cooking class in the hotel kitchen.

Ravello Concert Society — www.ravelloarts.org

Villa Rufolo — www.villarufolo.it

Villa Maria Hotel — www.villamaria.it

Ristorante Sigilgaida, Rufolo Hotel & Spa — www.hotelrufolo.it

“Ravello has captivated many great artists. Read their poetic entries in the guest books of the town’s storied hotels. Richard Wagner composed *Parsifal* and inspired the Ravello Festival. D.H. Lawrence began *Lady Chatterly’s Lover*, Graham Greene wrote *The Third Man*, M.C. Escher met his wife Jetta, Greta Garbo hid out here with her lover, and Gore Vidal owned a villa for years.”

— Captain Andrea Meli

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“Salerno is a busy commercial harbor with an historic old town and an industrious new section. While old town is the popular attraction, my favorite thing to do here is walk or bike along the Lungomare Trieste. This modern (1950s) five-mile promenade parallels the main street and is great for people watching.”

— Captain Tony Oliveri

Salerno

Yacht into the Marina d'Arechi on the east side of Salerno. The massive Arechi Castle is a hilltop landmark, and the view of the Cathedral bell tower gives a hint of the treasures within. Salerno's maritime prosperity, at its height in the 11th century, encouraged the nobility to bankroll the city's extraordinary buildings. They commissioned the cathedral, the University, and School of Medicine, which remarkably was open to women. The ancient narrow houses with ground floor shops along Via Mercanti bring the Old World to life. Among the little shops are many that cater to residents, selling handmade and homemade products. Try the local red wine, made with casavecchia grapes, which has highly perfumed notes and an earthy, cherry brandy tone.

Duomo di Salerno — www.cattedraledisalerno.it

Pappacarbone Restaurant — www.ristorantepappacarbone.it

Marina d'Arechi — www.marinadarechi.com

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WESTERN MEDITERRANEAN:

Regional Guide

TIME ZONE: UTC (GMT) +1

ECONOMY: Tourism, Banking, Agriculture, Industry

DRESS CODE: During the day casual resort wear is appropriate. Men wear pants in the evening. Jackets and ties are sometimes required. In churches, everyone should wear clothing that covers knees, shoulders, and upper arms. Wear soft-soled walking shoes on cobblestones.

DRIVING: Motorists drive on the right side of the road as in the U.S. and Canada. Remember that in most cities drivers are already very, very late for an engagement of immense importance and you are in their way.

GOVERNMENTS: France and Italy: Republic; Monaco: Constitutional Monarchy; Spain: Parliamentary Monarchy.

OFFICIAL LANGUAGES: French, Italian, Spanish

OFFICIAL CURRENCY: Euro

EXHIBIT TICKETS: For special rates and to avoid the lines, look for ticket packages to cultural exhibits. Packages are available online and on-site.



When to visit:

The yachting season gets underway in mid-May with the Cannes Film Festival, followed by the Monaco Grand Prix in late May, and concludes at the end of September. During the summer the region is quite crowded, but there are delightful festivals and celebrations everywhere, and warm water temperatures mean enjoying water sports without a wetsuit.

CLIMATE DATA FOR THE WESTERN MEDITERRANEAN													
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC	YEAR
Average High °F	55	55	64	64	71	78	84	84	79	71	63	56	68
Average Low °F	45	44	46	51	57	64	68	69	65	59	53	47	56
Average Rainfall (in)	2.7	2.2	2.2	1.5	1.3	0.6	0.9	1.5	1.9	2.8	4	3.4	2.1

Climate:

Summers are hot and dry with rather light winds that are a drawback to sailing. At sea level afternoon temperatures can get uncomfortably hot. Winters are wet and mild, with the most precipitation in October. Winter temperatures average about 50 degrees, rarely going below freezing except at high elevations.

Most computers, cell phones, chargers, cameras and computer tablets automatically convert the voltage. If your device heats, cools, or has a motor, you may need a converter. These add weight to your luggage. Check with your crew about your converter needs.



ELECTRIC

POWER GUIDE

COUNTRY	VOLTAGE	PLUG
France	230 V	Euro 2-pin
Italy	230 V	Euro 2-pin, Italian 3-pin
Monaco	127/220 V	Euro 2-pin
Spain	230 V	Euro 2-pin



Passports are required, except EU nationals holding a national ID card that is valid for the duration of stay.

VISA INFORMATION

www.projectvisa.com



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